

Please remember **EVERYONE'S** health and Safety is **YOUR** responsibility. Please observe social distancing and other guidance that has been provided by HM Government and by ArcheryGB, at all times whilst at the field.

Archery has **NOT** returned to "business as usual". Archers should always remain 2m apart from anyone else at all times, and when at the range they should be exercising/ shooting. They should not congregate and chat behind the shooting line, in car parks or anywhere else while at the range, as that could be classed as a gathering.

If archers want to shoot/exercise with one other person from outside of their household, we recommend you arrange to shoot in adjacent shooting lanes and maintain social distancing at all times. **Book Online – Shoot – Go home**

All Archery GB "Rules of Shooting" still apply (with the exception of Rule 301 (b) (i) and (ii) which now requires the minimum spacing of target centres to be 5m).

If you have any concerns about your health and safety whilst at the field, leave immediately and report your concerns to a committee member

The overriding principle we have adopted is to minimise contact between people and contact with surfaces that others may also come into contact with. Whilst have followed the guidelines issued by Government and Archery GB to reduce risk to a level they have deemed acceptable, **this does not make shooting at the field risk free.**

BEFORE GOING TO THE FIELD

- Archers **MUST NOT** come to the field if they show symptoms of any illness but in particular of Covid-19. These are highlighted on NHS Direct and include:
 - A new persistent and dry cough;
 - A temperature;
 - Loss of smell or taste
- If you are symptomatic, living in a household with a possible COVID-19 infection or if you are classified as extremely vulnerable on health grounds, the guidance is that you should remain at home for the time periods as advised by the government;
- Archers **MUST** notify the club should they develop symptoms.
- Archers must practice social distancing at all times and maintain a distance apart of at least 2 metres. People from different households should not travel in the same car.
- There is no clear evidence on the merits of wearing or not wearing face masks and gloves. We leave members to decide if this is something they wish to do. It is not a substitute for sanitising hands, still sanitise your hands before and after touching common surfaces anyway
- The Pavilion, Target Shed and **Toilets** will remain **locked** and inaccessible to members. Be prepared!

Shooting Times

- The field has been restricted to 4 shooting lanes. These are marked on the shooting line;
- Five 3-hour sessions will be available each day for each of the 5 lanes. (commencing 06:00, 09:00, 12:00, 15:00, 18:00);
- Shooting at the field outside of these times is prohibited.
- To shoot at the field members must use the on-line system to pre-book a session <http://valleybowmen.co.uk/BookingForm> .
- If you have **NOT** reserved a session please **DO NOT** attend the field just "to see if there is space available".
- If you do not have internet access please contact one of the committee who will make a booking on your behalf;
- If there is space available, you will be able to make a booking up to 5 minutes before the session starts;
- The committee reserve the right to cancel any session booking;
- Please show consideration to those members that work and where possible shoot on weekdays rather than at the weekend.

ARRIVING AT THE FIELD

- Assemble as much of your kit at home as possible
- Please park in the layby. Although the padlock has been returned to the gate, we advise you leave it shut. However, if you are unable to climb over/under you may open the gate. Please sanitise your hands before and after touching the padlock. If **YOU** open the gate **YOU** must close it. Remember we are trying to avoid unnecessary contact to minimise transmission of COVID-19.
- Please try to get to the field no earlier than the start of your session. If you arrive early, please wait in your car until everyone from previous session has left the field;
- Lanes 3 and 4 are accessible along a path behind the pavilion;

- Each member will be issued with a single, personal, target face and 6 pins if needed (if you already have some, please use your own). The first time you go to the field please take one target face from the bin in front of the pavilion, then reuse this for subsequent visits. . Please only take ONE – we will only be putting out limited quantities each day. Groups of 6 target pins will be on the reverse of the foam targets for you to take your 6, on your first visit. Again, please do not take more than your allocation;
- All target faces and pins must be taken home, they are not to be left at the field;
- All of the club chairs and benches have been removed. Please bring your own portable seat if required;

WHILST AT THE FIELD

- Hand sanitiser will be available from wall mounted dispensers, one at either end of the pavilion. Although stocks will be regularly checked, please notify a member of the committee if any item runs low. As we cannot guarantee the dispenser has not run out, we recommend you bring your own sanitising materials;
- Please sanitise your hands:
 - When you arrive
 - Before moving a target
 - After moving a target
 - Before and after touching something that is not your own property
 - Last thing before you leave
- Archers must use their own equipment. Sharing of equipment is not permitted;
- The shooting line has been divided into 4 shooting lanes each 5m wide. Remain on the centreline of your lane as much as possible.
- The boundary of each Lane and the centreline of each Lane is marked on the shooting line. The centreline is repeated on the grass at the main shooting distance lines;
- Please be aware, the Lane boundaries have not been marked on the field. We ask members to apply common sense and observe social distancing whilst on the field collecting arrows which may have strayed into another Lane;
- A shooting lane may only be used for a single archer or by a group of archers from the same household;
- The targets have been set out at 20yds, 30yd, 40yds and 50yds (three foam and one straw). Members may, if they choose, move a target to another distance. You must use hand sanitiser both before and after moving a target. If you chose to move a target please return it to it's original distance once you finish shooting (and remember to sanitise your hands); **YOU MUST DO THIS BY YOURSELF, DO NOT ASK SOMEONE FROM ANOTHER HOUSEHOLD TO HELP.**
- Multiple archers from a single household must share a target;
- The booking system does not cater for specific Lane bookings. Please cooperate with your fellow archers, for example choose the longest distance you can reliably hit the target so juniors and less proficient archers can shoot the shorter distances;
- Please contact a committee member for replacement faces and pins. Please dispose of the old faces at home;
- If the straw bosses start to go soft, or foam need replacing in any of the targets, please contact a committee member.
- Scoresheets will not be provided. If you wish to score you are requested to use electronic scoring systems whenever possible;
- You may, if you choose email scores to the records officer at scores@valleybowmen.co.uk ;

Before leaving the Field

- After every session, archers should sanitise their hands, clean their equipment and anything else used at the session. Please take ALL waste/litter home for disposal;
- Ensure you have your target face, pins and all of your personal equipment before leaving the field;
- Ensure all targets that have been moved are return to their original position;
- In order to minimise contact, please leave the field as soon as you have finished shooting.
- Please pack and leave the field at least 5 minutes before the end of your session;

- **Archers must notify the club should they develop symptoms**

- **Please report any health and safety concerns to a committee member**